



## Teen Talk Consent Form & Parent Agreement to Respect Privacy

What to expect from the Teen Talk group: This group is meant to provide adolescents with emotional support and space for them to focus on themselves and what they need to do to get their goals or needs met. This group will aid adolescents on a journey of self-discovery and give them the tools to develop healthy habits in life.

At Mind-Builders, we are starting a series/hosting weekend groups for youth ages 12 and up called “Teen Talk”, where Brittany Murray, our Youth and Family Specialist, will work with youth on what the World Health Organization defines the ten core life skills: self-awareness, empathy, critical thinking, creative thinking, decision making, problem solving, interpersonal relationship skills, effective communication, coping with stress, coping with emotions.

Confidentiality: Confidentiality in this group means that the Youth and Family Specialist will respect the privacy of students. There are several exceptions, including:

- If a student shares that they plan to cause serious harm or death to themselves or others, and staff believe they have the intent and ability to carry out this threat in the near future, staff must then take steps to inform a parent/guardian and anyone who the student intends to harm.
- If a student acts in a way that could cause serious harm to yourself or someone else, even if they do not *intend* to harm themselves or another person; in these situations, the Youth and Family Specialist will use professional judgment in deciding whether to inform a parent/guardian.
- If a student shares they are being abused-physically, sexually or emotionally, the Youth and Family Specialist is required by law to report the abuse.

### **Student/Youth:**

Signing below means that you have reviewed the information above and understand the meaning of confidentiality. If you have any questions as we progress, you can ask the Youth and Family Specialist at any time.

Signature \_\_\_\_\_ Date \_\_\_\_\_

### **Parent/Guardian:**

Check here and sign below indicating your permission for your child to participate in the Teen Talk group as per the guidelines outlined above.

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_